

**CODE OF SAFE PRACTICES  
FOR  
ADJUSTABLE SUSPENDED SCAFFOLDS  
CO-DEVELOPED BY SCAFFOLDING, SHORING and FORMING INSTITUTE (SSFI)  
and SCAFFOLD & ACCESS INDUSTRY ASSOCIATION, INC. (SAIA)**

It shall be the responsibility of all users to read and comply with the following common sense guidelines which are designed to promote safety in the erecting, dismantling and use of adjustable suspended scaffolds. These guidelines do not purport to be all-inclusive nor to supplant or replace other additional safety and precautionary measures. If these guidelines conflict with any local, provincial, state, federal or other government regulations, the regulations shall supersede these guidelines and it shall be the responsibility of each user to comply therewith.

**I. GENERAL GUIDELINES**

- A. POST THESE SAFE PRACTICES in a conspicuous place. Be sure that all persons who erect, use, relocate or dismantle adjustable suspended scaffold systems are fully aware of them. Use them in tool box safety meetings.**
- B. FOLLOW ALL EQUIPMENT MANUFACTURER'S RECOMMENDATIONS as well as all local, provincial, state and federal codes, ordinances and regulations relating to adjustable suspended scaffold systems.**
- C. SURVEY THE JOB SITE. A competent person shall survey the job site for hazards such as exposed electrical wires, obstructions and unguarded roof edges or openings.**
- D. INSPECT ALL EQUIPMENT BEFORE EACH USE. Never use any equipment that is damaged or defective in any way. Mark it or tag it as damaged or defective and remove it from the jobsite.**
- E. ERECT AND DISMANTLE ADJUSTABLE SUSPENDED SCAFFOLD EQUIPMENT in accordance with the design and/or manufacturer's recommendations.**
- F. DO NOT ERECT, DISMANTLE OR ALTER ADJUSTABLE SUSPENDED SCAFFOLD SYSTEMS except under the supervision of a competent person.**
- G. DO NOT ABUSE OR MISUSE ADJUSTABLE SUSPENDED SCAFFOLD EQUIPMENT. Never overload any equipment.**
- H. ERECTED ADJUSTABLE SUSPENDED SCAFFOLDS ARE TO BE INSPECTED REGULARLY by the user to be sure that they are maintained in a safe condition. Stop work and report any unsafe condition to your supervisor.**
- I. NEVER TAKE CHANCES! IF IN DOUBT REGARDING THE SAFETY OR USE OF ADJUSTABLE SUSPENDED SCAFFOLDS, CONSULT A QUALIFIED PERSON.**
- J. NEVER USE ADJUSTABLE SUSPENDED SCAFFOLD EQUIPMENT FOR PURPOSES FOR WHICH IT WAS NOT INTENDED.**
- K. A COMPETENT PERSON SHALL CONSIDER STOPPING WORK WHEN WIND SPEED EXCEEDS 25 MPH FOR TWO-POINT ADJUSTABLE SUSPENDED SCAFFOLDS OR 20 MPH FOR SINGLE-POINT SUSPENSION. If materials on a platform create a sail effect, stopping work at lower wind speeds must be considered.**
- L. ADJUSTABLE SUSPENDED SCAFFOLD SYSTEMS are to be installed and used in accordance with the manufacturer's recommended procedures.**
- M. ADJUSTABLE SUSPENDED PLATFORMS MUST NEVER BE OPERATED NEAR LIVE POWER LINES unless proper precautions are taken. Contact the power service provider for advice.**
- N. ALWAYS UTILIZE FALL ARREST EQUIPMENT when working on adjustable suspended scaffolds or when working near unguarded edges.**
- O. DO NOT WORK FROM, INSTALL OR MOVE ADJUSTABLE SUSPENDED SCAFFOLDS if you are sick or impaired in any way.**
- P. DO NOT WORK ON ADJUSTABLE SUSPENDED SCAFFOLDS when under the influence of alcohol or drugs.**
- Q. DEBRIS SHOULD NOT BE STORED OR ALLOWED TO ACCUMULATE ON A PLATFORM.**
- R. INDEPENDENT ADJUSTABLE SUSPENDED SCAFFOLDS ARE TO BE POSITIONED SO AS TO AVOID OVERLAPPING OR POSSIBLE INTERFERENCE FROM ANOTHER SCAFFOLD.**

**II. GUIDELINES FOR ERECTION AND USE OF ADJUSTABLE SUSPENDED SCAFFOLD SYSTEMS**

**A. RIGGING:**

- 1. UTILIZE FALL PROTECTION EQUIPMENT when rigging near unguarded edges.**

2. **SUPPORTING DEVICES** must be capable of supporting the hoist rated load with a safety factor of four.
3. **ALL OVERHEAD RIGGING** must be secured from unwanted movement in any direction.
4. **COUNTERWEIGHTS USED WITH OUTRIGGER BEAMS** must be of a non-flowable material and must be secured to the beam to prevent accidental displacement.
5. **OUTRIGGER BEAMS THAT DO NOT USE COUNTERWEIGHTS** must be installed and secured to the roof structure with bolts or other direct connections. Direct connections shall be evaluated by a competent person.
6. **TIE BACK ALL TRANSPORTABLE RIGGING DEVICES.** Tieback shall be equivalent in strength to the suspension ropes.
7. **INSTALL TIEBACKS AT RIGHT ANGLES TO THE FACE OF THE BUILDING** and secure them without slack, to a suitable anchor capable of supporting the hoist rated load with a safety factor of four.
8. **IN THE EVENT THAT TIEBACKS CANNOT BE INSTALLED AT RIGHT ANGLES,** two tiebacks at opposing angles must be used to prevent movement.
9. **RIG AND USE HOISTING MACHINES DIRECTLY UNDER THEIR SUSPENSION POINTS** to prevent movement or side loading.

**B. WIRE ROPE AND HARDWARE:**

1. **USE ONLY WIRE ROPE AND ATTACHMENTS** specified by the hoisting machine manufacturer.
2. **HANDLE WIRE ROPE WITH CARE.** Always use gloves.
3. **COIL AND UNCOIL WIRE ROPE** in accordance with manufacturer's instructions in order to avoid kinking or damage.
4. **ASSURE THAT THE WIRE ROPE IS LONG ENOUGH** to reach to the lowest possible landing.
5. **CLEAN AND LUBRICATE WIRE ROPE** in accordance with the wire rope manufacturer's instructions.
6. **INSPECT WIRE ROPE IN ACCORDANCE WITH MANUFACTURER'S INSTRUCTIONS. DO NOT USE WIRE ROPE THAT IS KINKED, BIRDCAGED, CORRODED, UNDERSIZED, OR DAMAGED IN ANY WAY.** Do not expose wire rope to fire, undue heat, corrosive atmosphere, electricity, chemicals or damage.
7. **WIRE ROPES USED WITH TRACTION HOISTS MUST HAVE PREPARED ENDS.** Follow hoist manufacturer's recommendations.
8. **USE THIMBLES AT ALL WIRE ROPE SUSPENSION TERMINATIONS.**
9. **USE J-BOLT WIRE ROPE CLAMPS OR SWEDGE FITTINGS. DO NOT USE U-BOLT CLAMPS.**
10. **TIGHTEN THE J-BOLT WIRE ROPE CLAMPS** in accordance with the manufacturer's instructions.

**C. POWER SUPPLY FOR MOTORIZED EQUIPMENT:**

1. **USE PROPERLY GROUNDED ELECTRICAL POWER CORDS.** Protect them with circuit breakers.
2. **USE POWER CORDS AND AIR HOSES OF THE PROPER SIZE THAT ARE LONG ENOUGH** for the application.
3. **POWER CORD and AIR HOSE CONNECTIONS MUST BE RESTRAINED** to prevent separation.
4. **USE STRAIN RELIEF DEVICES TO ATTACH POWER CORDS AND AIR SUPPLY HOSES TO THE PLATFORM,** to prevent them from separation.
5. **PROTECT POWER CORDS AND AIR HOSES FROM SHARP EDGES.**
6. **USE GROUND FAULT CIRCUIT INTERRUPTER (GFCI) WITH POWER TOOLS.**

**D. FALL ARREST EQUIPMENT:**

1. **EACH PERSON ON AN ADJUSTABLE SUSPENDED SCAFFOLD** must be attached to an independent fall arrest system.
2. **EACH VERTICAL LIFELINE SHALL BE ATTACHED IN ACCORDANCE WITH MANUFACTURER'S INSTRUCTIONS** to a separate anchorage capable of supporting a minimum of 5000 pounds (2267 kg) or an anchorage designed by a qualified person.
3. **DO NOT WRAP LIFELINES AROUND STRUCTURAL MEMBERS** unless lifelines are protected and a suitable anchorage connection is used.
4. **PROTECT LIFELINES AT SHARP CORNERS AND EDGES** to prevent chafing.
5. **RIG FALL ARREST SYSTEMS** to minimize free fall.
6. **INSTALL VERTICAL LIFELINES SO THEY HANG FREELY.**
7. **USE LIFELINES** that are compatible with the rope grab.
8. **INSTALL ROPE GRAB IN ACCORDANCE WITH THE MANUFACTURER'S RECOMMENDATIONS.** Rope grab must be properly oriented.
9. **KEEP ROPE GRAB POSITIONED ABOVE YOUR HEAD.**

10. **UTILIZE FULL BODY HARNESSSES** of the proper size and fit.
11. **UTILIZE SHOCK ABSORBING LANYARD** attached to the D-ring at the center of your back between the shoulder blades.
12. **INSPECT FALL PROTECTION ANCHORAGE / EQUIPMENT BEFORE EACH USE.** Consult the fall protection supplier for inspection procedures.
13. **WHEN A SECONDARY WIRE ROPE SYSTEM IS USED** instead of a vertical lifeline, attach the lanyard to a horizontal lifeline or an approved platform anchor.

**E. DURING USE:**

1. **USE ALL EQUIPMENT AND ALL DEVICES** in accordance with the manufacturer's instructions.
2. **DO NOT OVERLOAD OR MODIFY EQUIPMENT.**
3. **INSPECT ALL EQUIPMENT INCLUDING HOISTS, PLATFORM, AND RIGGING** before each use.
4. **INSPECT WIRE ROPE BEFORE AND DURING USE.**
5. **USE CARE TO PREVENT DAMAGE TO EQUIPMENT.**
6. **CLEAN AND SERVICE EQUIPMENT REGULARLY.** Follow manufacturers' recommendations.
7. **ALWAYS MAINTAIN AT LEAST (4) FOUR WRAPS OF WIRE ROPE ON DRUM TYPE HOISTS.**
8. **DO NOT CONNECT PLATFORMS** unless the installation was designed for that purpose.
9. **DO NOT MOVE ADJUSTABLE SUSPENDED SCAFFOLDS HORIZONTALLY** unless safe work practices are followed.
10. **WHEN RIGGING FOR ANOTHER DROP** assure sufficient wire rope is available before moving the suspended platform horizontally to the next location.

**F. WELDING FROM SUSPENDED SCAFFOLDS REQUIRES SPECIAL TRAINING:**

1. **ASSURE PLATFORM IS GROUNDED TO THE STRUCTURE** using a grounding conductor.
2. **INSULATE WIRE ROPE ABOVE AND BELOW THE PLATFORM.**
3. **INSULATE WIRE ROPE AT SUSPENSION POINT AND ASSURE WIRE ROPE DOES NOT CONTACT THE STRUCTURE ALONG ITS ENTIRE LENGTH.**
4. **PREVENT THE WIRE ROPE END FROM BECOMING GROUNDED.**
5. **INSULATE EACH HOIST WITH A PROTECTIVE COVER.**
6. **INSULATE TIE BACK WIRE ROPES AT THE CONNECTION POINTS.**

Since field conditions vary and are beyond the control of the SSFI and the SAIA, safe and proper use of adjustable suspended scaffolding is the sole responsibility of the user.

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